

## This Week at Grace Church

### Sunday, March 31

*The Fourth Sunday in Lent*

*Prayer Sunday*

**Holy Eucharist** at 8 & 10 a.m.

**Not Just Donuts Coffee Hour**  
after both services (LaVielle Conf. Room)

**Our Journey Continues Q & A**  
after both services

**Labyrinth Prayer Event** after both services  
Nursery, 9 - 11:30 a.m.

**Sunday School** at 9:30 a.m.

**Gloria Deo Handbell Choir** at 11:15 a.m.

**Church School Committee Workshop**  
at 11:30 a.m.

### Monday, April 1

*Parish office closed on Mondays.*

**Grace Executive Committee** at 4 p.m.

**Mission Trip Leadership Meeting** at 6 p.m.

### Tuesday, April 2

**Women's Book Group** at 10 a.m.

### Wednesday, April 3

**Men's Group Breakfast** at 8 a.m.

**Morning Prayer** at 9:30 a.m.

**Staff Meeting** at 10 a.m.

**St. Dunstons Handbell Choir** at 4:30 p.m.

**Wednesdays in Lent** at 6 p.m.

**All Saints Handbell Choir** at 8 p.m.

### Thursday, April 4

**Parish Choristers** at 4:15 p.m.

**Lenten Labyrinth Journeys**, 6-8 p.m.

**Christian Yoga** at 6:30 p.m.

**Parish Choir** at 7 p.m.

### Friday, April 5

**Youth Confirmation Retreat** at 6 p.m.

### Saturday, April 6

**Youth Confirmation Retreat** at 9 a.m.

**Altar Guild** at 9:30 a.m.

### Sunday, April 7

*The Fifth Sunday in Lent*

*Celebration Sunday*

**Holy Eucharist** at 8 & 10 a.m.

**Celebration Brunch** after both services

Nursery, 9 - 11:30 a.m.

**Sunday School** at 9:30 a.m.

**Gloria Deo Handbell Choir** at 11:15 a.m.

**First Sundays @ 5** at 5 p.m.



Like us on Facebook & Instagram:  
**GraceChurchKirkwood**



## Parish Family News

### Happy Birthday:

**March 31** Kelly Eschenroeder,

Bridget Sisul,

Diana Streicher



**April 1** Beverly Sparks-Shands

**April 2** Wendy Ludbrook

**April 3** Susan Reis

**April 4** Dianne Casey,

Richard Eschenroeder

**April 5** Luella Foster, Allie Friar,

Jay Friar, Jewel Leveritt,

Katie Streicher

**April 7** Chas Aylsworth,

Betty Bowersox

### Happy Anniversary:



**April 2** Pam & Michael Fitzgerald

**April 4** Dana & Jamie Callaway

### Grace and Gratitude:



Thanks to the following members  
and friends for their outstanding  
service to our community:

◆ **Lisa Jianakoplos, Vince Nicosia,  
Michele Nicosia, Susanne Haring,  
Mary Merriweather and  
Betty Shepherd** for providing food for  
our Lenten program, Wed., March 27.

◆ **Becky Engelbrecht, Amy Shands,  
Liz Shands, Beth VanConia and  
Sandi Adams** for planning and hosting  
beautiful advance commitment  
gatherings for our capital campaign.

◆ **Sara Losse and Barb Manuel** for  
organizing today's Prayer Event for  
our capital campaign.

### In Sympathy:



The prayers of the parish are  
with the family and friends of  
**Martha Groll Stupp**, who died  
Sunday, March 24. Martha is the  
former wife of Grace member Pete Stupp III  
and mother of Peter Stupp IV. A funeral  
service for Martha will be held at Grace  
Church, **Wednesday, April 10 at 2 p.m.**

*The Messenger* is a weekly publication  
of Grace Church. If you have  
information you would like included,  
please contact Janis in the church office:  
janis.greenbaum@gracekirkwood.org.



Grace Episcopal Church is marking our 160th anniversary as a parish in 2019. As we celebrate that milestone, we are launching plans to carry our church into the future.

**Our Journey Continues...** is a capital campaign designed to provide a permanence to the care of our buildings and grounds. The majority of the money raised by this campaign will add to our Legacy Fund for the care of our facilities in perpetuity.

**If you have not yet received a campaign brochure packet,** please contact Shari Bonham in the church office. Additional campaign packets are available in the Narthex today.

### Upcoming Sunday Events

#### Sunday, March 31: Prayer Event

We invite you to  
Albright Parish Hall\*  
after our worship  
services to take a  
contemplative walk on our  
labyrinth.

\*Coffee hours will be held in  
LaVielle Conf. Room

#### Sunday, March 31: Q & A

Campaign co-chairs  
Lesley Hoffarth and  
Tim Engelbrecht will join  
the Rev. Todd McDowell  
for casual Q & A sessions  
in Kean Library,  
9 & 11:15 a.m.

#### Sunday, April 7: Celebration Event

All are invited to enjoy a  
delicious brunch in  
Albright Parish Hall  
to celebrate our past,  
present and future at  
Grace Church.  
9 & 11:15 a.m.

#### Sunday, April 14: Commitment Sunday

Help Grace Church  
continue God's mission for  
generations to come by  
making a personal  
financial pledge to  
*Our Journey Continues...*

### Prayers for Our Journey

**read**

**Exodus 3:3-4**

We thank you, Lord for calling us to follow  
this journey in faith.

**pray**

Help us to be open to your voice, to listen to  
your call and to discern your will for our lives.  
This we ask in your holy Name.

**Amen.**

**reflect**

**Lord, what do you want to do through me?**



# The Messenger

Sunday, March 31, 2019

Weekly news of the people and ministries  
of Grace Episcopal Church

### Prayer Event

The focus of our capital campaign today turns to prayer. Prayer guides everything we do on our journey at Grace Church. Today's special events include:

- ⇒ **a reflection on prayer** by member Ryan Missel during our worship services;
- ⇒ **the gift of a reusable water bottle**, as a reminder of 160 years of prayer and parish life at Grace (get a bottle as you leave the service today);
- ⇒ **a labyrinth prayer event** in Albright Parish Hall after both services (please see the special insert and resources available at the labyrinth);
- ⇒ **coffee hour in LaVielle Conference Room**, hosted by our Prayer Team.

We give thanks to **Sara Losse** and **Barb Manuel** for leading our Prayer Team through this capital campaign. We hope everyone will prayerfully consider the blessings our church provides to us as individuals and to our entire community and help us continue to provide those blessings for generations to come.

### Our Journey Continues...

### Lent at Grace Church

We invite all to the observance of a holy Lent.

### Lessons from Famous Faith Journeys

**Wednesday, April 3**

⇒ **6 p.m. - Soup & Salad Dinner**

You don't have to bring food, but we're so grateful to those who are able! Sign up in Albright Parish Hall if you can you bring soup, salad, bread or dessert this week (or future weeks).

⇒ **6:30 p.m. - Presentation: Faith in Poetry**

Grace member and T.S. Eliot scholar Lyn Ballard takes a look at this famous writer's faith journey, particularly as seen through his poetry and letters.

⇒ **7:45 p.m. - Prayer Service**

We close our evening in prayer to thank God for all our blessings.

### Lenten Labyrinth Journeys / Thursdays in Lent / 6 - 8 p.m.

Grace's beautiful indoor labyrinth is open each Thursday evening in Lent. Drop in to quiet your mind and spend time with God. Members of Grace's Labyrinth Committee will be on hand to help guide your journey.

### Palm Sunday / Sunday, April 14 / 8 & 10 a.m.

Experience the joy of Jesus' triumphant arrival to Jerusalem, followed by the reading of the Passion. This service begins our journey through Holy Week.

*Please see the purple brochure for all Holy Week and Easter programs and worship services at Grace.*

## Christian Formation and Worship

### Changes in our Worship Services during Lent

The word Lent comes from an Old English word meaning, “lengthen.” Just as spring brings both the last bleak days of winter and the first green promise of summer, Lent brings a season of austerity and hope to Christians.

The forty days of Lent, beginning on Ash Wednesday and ending with Easter Day (excluding Sundays), call us to self-denial and discipline, a solemn preparation for the celebration of Easter. We mark this season at Grace Church by taking a more solemn and formal tone in our worship services, using the traditional language of Rite I instead of the more contemporary language of Rite II. You can learn more about our liturgies in the Book of Common Prayer (the red book in your pew) or by talking with Fr. Todd.

### Sunday School

**TODAY! / 9:30 a.m. / Lower level classrooms**

All students in pre-K through high school are invited to follow the Way of Love with Jesus in our weekly Sunday school classes. Our program overlaps with the 10 a.m. service, with students returning to church in time to share Holy Communion with their families.

### Church School Committee Workshop

**Sunday, March 31 / 11:30 a.m. / Youth Room**

Parents, grandparents, Sunday school teachers and assistants, and anyone who is interested in our children’s and youth ministries are invited to this quarterly workshop. Our agenda includes making plans for Easter and the completion of this school year. For more information, contact Janis in the church office.

### Ecumenical Taizé Prayer Service

**Sunday, March 31 / 7 - 8 p.m. / Mercy Conference and Retreat Center**

Enter into the spirit of Lent with Song, Silence and Scripture in the style of Taizé. *What is Taizé prayer?* The simple and beautiful chant music of Taizé monastery in France is dedicated to the renewal of spirits and the healing of our planet. The repetitive nature of the chanted prayer can promote a kind of inner unity of the person, allowing the spirit to be more open and more attentive to what is essential. Silence is a fundamental part of the Taizé service.

Mercy Conference and Retreat Center: 2039 N Geyer Rd.

Please visit [www.mercycenterstl.org](http://www.mercycenterstl.org) for more information.

### Youth Confirmation Spring Retreat

**Friday, April 5 / 6 - 9 p.m. and Saturday, April 6 / 9 a.m. - Noon**

Our confirmands and mentors come together for a series of hands-on lessons about prayer, the sacraments, and spirituality. This is an important discernment time for the students before confirmation. Family members are invited to join us at noon for a brief prayer service.

### First Sundays at 5

**Sunday, April 7 / 5 p.m. / Albright Parish Hall**

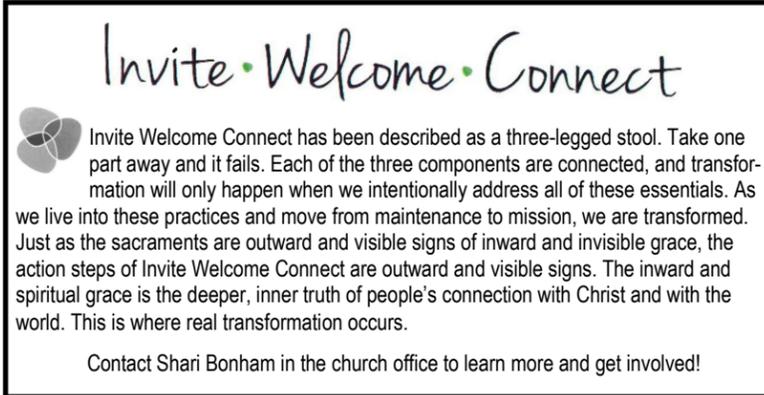
⇒ *Can’t make it to worship service on Sunday morning?*

⇒ *Looking for a casual worship space for your children?*

⇒ *Do you enjoy FREE meals with friends?*

If you said, “Yes!” to any of these questions, our alternative worship service is for YOU! We’ll focus on Lent and Holy Week at this month’s worship and then enjoy a delicious homemade soup and salad dinner, provided this month by Women of Grace.

## Spirituality and Fellowship



Invite Welcome Connect has been described as a three-legged stool. Take one part away and it fails. Each of the three components are connected, and transformation will only happen when we intentionally address all of these essentials. As we live into these practices and move from maintenance to mission, we are transformed. Just as the sacraments are outward and visible signs of inward and invisible grace, the action steps of Invite Welcome Connect are outward and visible signs. The inward and spiritual grace is the deeper, inner truth of people’s connection with Christ and with the world. This is where real transformation occurs.

Contact Shari Bonham in the church office to learn more and get involved!

### Women’s Book Group

**Tuesday, April 2 / 10 a.m. / Kean Library**

The Book Group begins discussion of *Why We Sleep: Unlocking the Power of Sleep and Dreams*, by Matthew Walker, PhD. Please read chapters 1-3 for this week. All are welcome to join us for fellowship — even if you don’t read the book!

### The Shepherd’s Center: Tech Tutors

**Friday, April 5 / 1 - 2:30 p.m. / Shepherd’s Center at Webster Hills UMC**

Grace’s own Alice Pierce and staff from Webster Groves Public Library are available on the first Fridays of every month to help you with your tech needs. Bring your smart phone, tablet and your questions for one-on-one assistance with your technology issues. No registration necessary, just stop in: 133 W. Lockwood Ave., Glendale

### Our Journey Continues: Celebration Brunch

**Sunday, April 7 / 9 a.m. and 11:15 a.m. / Albright Parish Hall**

Celebrate 160 years of Grace Church at this all-parish brunch, served after each worship service. Enjoy delicious food from Russell’s catering while we celebrate our past, present and future as a parish. All ages are invited to this FREE event! No RSVP required.

### Chef Wars: Fundraising event for the Shepherd’s Center

**Sunday, April 14 / 5:30-8 p.m.**

**Kirkwood Community Center (111 S. Geyer, Kirkwood, 63122)**

Relax and enjoy some of the finest dishes prepared by executive chefs from our most prestigious senior living communities. Silent Auction and 50/50 too! Tickets are \$40/person (food, beer/wine included). This delicious event raises money for the Shepherd’s Center, inspiring dynamic living among older adults through volunteerism, enrichment and community connection.

Call 314-395-0988 or buy a ticket online: [shepherdscenter-wk.org](http://shepherdscenter-wk.org)

### Grace on the Go Celebrates Spring at Chaumette Winery

**Thursday, April 25**

The first 20 people to sign up and pay their \$25 for lunch will get to enjoy the natural beauty that surrounds Chaumette. Plans are to drive down, worship in the chapel, have lunch in their restaurant, and enjoy a wagon tour of the winery (courtesy of owner Hank Johnson). Please sign up in Albright Parish Hall and give your \$25 to Stan/Christie Boyle, Jim Moore, or Vince/Michele Nicosia. Please indicate on the sign-up sheet if you are able to drive and how many you can take.

## Pastoral Care

Grace’s clergy are available by appointment to discuss personal, pastoral or spiritual matters; please call or email the clergy directly.

In case of a pastoral emergency, please call the parish office at 314-821-1806. For pastoral emergencies after office hours, call the parish office and press “7” to be connected to the priest-on-call 24 hours a day, seven days a week.

In case of severe illness, hospitalization, when a person is near death or at the death of a member of the church, please notify the clergy as soon as possible in order to secure the ministrations of the church.

## Intercessory Prayer List

*Please remember the following members and friends in your prayers:*

Elaine Alexander	Vernon Balster	Carroll Bollard
DC Bollard	Chris Bongo	Kathy Bradford
Marilyn Brown	Paris Coffey	Katie Conrad
Janie Cooper	Ellen Friedla	David Fly
Craig Franklin	Carol & Ted Guarino	Lisa Hale-Waechter
Mary Etta Heggie	Cindy Hein	Cathy Hilton
Jay & Friends	Martha Johnston	Alice Jones
Carolyn Klebolt	Opal Lackey	Avery Link
Chris Meyer	Kit Mills	Bryan Miller
Lucille Miller	Marilyn Monson	Chloe Poe
Denise Reynolds	Simoney Roatcap	Gracie Rogers
Kendra Sanders	Heather Schmitt	Alinda Sledge
Fred Taussig	Kathryn Theis	John Turnbull
Linda Ustruck	Bob Waechter	Blake Walker
Diane Warhover	Lucas Woehle	Kent & Marilyn Wilton

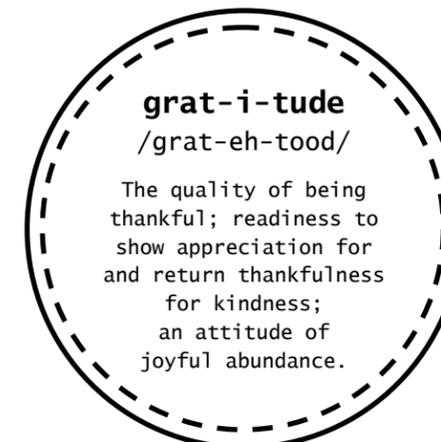
*Please contact Janis in the church office to update this list.*

## Sacraments

The Sacrament of Holy Baptism is administered four times each year at Grace Church:

- ◆ The Great Vigil of Easter (April 20, 2019)
- ◆ Pentecost (June 9, 2019)
- ◆ All Saints’ Sunday (Nov. 3, 2019)
- ◆ The Baptism of our Lord (Jan. 12, 2020)

Please contact the church office to arrange for a baptism or marriage, request the Reconciliation of a Penitent (confession) or Unction (anointing of the sick).



- G** Give without expectation
- R** Receive with thanks
- A** Appreciate unexpected gifts
- T** Take nothing for granted
- I** Initiate random acts of kindness
- T** Treat all as equals
- U** Understand the needs of others
- D** Demonstrate humility
- E** Experience joy

*A message from your  
Capital Campaign Gratitude Team*